



BodyTalk - A New Health Paradigm

Offered by Krissa Lee-Regier, LCSW, LMT, CBP

BodyTalk is a comprehensive, holistic energy treatment which facilitates synchronization and communication in the body/mind system on many levels. Developed by Dr. John Veltheim, a chiropractor and acupuncturist from Australia, BodyTalk provides a detailed protocol for energy treatment, including:

- *stress management
- *toxins
- *brain integration
- *organ and endocrine balance
- *breathing cycle
- *chronic pain & fatigue
- *allergies
- *parasites
- *learning disorders
- *immune response
- *chakra & meridian balance
- *sports injuries & rehab
- *environmental stress
- *emotional clearing
- *mental repatterning
- *wei qi strengthening

The practitioner uses neuromuscular biofeedback to identify priorities for treatment, and light touch is combined with gentle tapping to enhance energy flow and brain / heart activation, thus enhancing the inner capacity for self-healing and personal growth. The treatment is respectful, non-invasive and safe because it is based on the innate wisdom of the client.

Krissa Lee-Regier is a nationally Certified BodyTalk Practitioner in addition to being a licensed Massage Therapist and Mental Health Counselor and has served clients for more than 25 years. She has co-owned her own business since 1993, specializing in innovative treatments and energy technologies. Krissa recommends BodyTalk as a revolutionary approach to meeting your personal goals for healing, growth and creative self-discovery.

For more information, go to www.newdimensionsinwellness.com or www.bodytalksystems.com

Better yet, call Krissa now for an appointment at:

NEW DIMENSIONS IN WELLNESS

3815 Charles, Omaha NE 68131

402-561-0833

