



## Healing Workshop with Douglas Intensive Training / Therapy Clinic:

Whether you've experienced life traumas or chronic/acute muscular pain, this workshop is intended for any two people who would like to work together: **life or marriage partners, business partners, friends, colleagues, family members, or therapist and client.** It consists of training in bodywork treatments and body/mind therapy. The modalities employed will be myofascial release, craniosacral therapy, and energy work, including Reiki if participants wish.

We're located in at: 3815 Charles St., Omaha, NE 68131.

The clinic will be directed by Douglas Lee-Regier, MA, LMT, with behind the scenes assistance and expertise from Krissa Lee-Regier, LCSW, LMT, CBP.

You can find us at [www.newdimensionsinwellness.com](http://www.newdimensionsinwellness.com).

The way the clinic works is like this: Douglas, as therapist and instructor, focuses on the individual trauma-related restrictions in the client/participants. Then, according to what the participants present as needing attention, appropriate therapies are chosen, demonstrated and practiced. The therapist/instructor is present to work on the client/participants, to enhance the healing, and to show the participant/therapists how to work on each other. However, the instructor will also allow the participant/therapists to do the work themselves as they develop the skills to do so. The arrangements for such a workshop/clinic can be tailored to meet the needs of two or more people who would like to work together. For example, the clinic could be a Saturday and Sunday – for two, four, or six people or it could add a third day for further training or a Reiki attunement. Training in MFR and CST will be offered as needed; however, this clinic/workshop will address the therapeutic needs of both partners. Continuing education credits will be offered if requested.



This workshop/clinic arose out of two people searching for an alternative way of dealing with traumatic bodily injury and fascial pain. They came to our home/office and learned new skills as part of their healing journey. They said it was a way to expand their lifestyle of good health and wellness. We now want this kind of intense healing experience to be available to others.

**We'd like to plan a time for you and someone special that you'd like to work with for mutual healing and growth in an *Intensive Training / Therapy Clinic*. Call or e-mail us today to get more information or to register. We will look for a time that will fit your needs best. Some available dates may be posted on our website or given in our mailings. CEU's available.**

**New Dimensions in Wellness** [www.newdimensionsinwellness.com](http://www.newdimensionsinwellness.com)  
**402-561-0833 3815 Charles St., Omaha, NE 68131**

The fee for this two-day Intensive will be \$495 per couple or pair if working with other people. However, if two people work together exclusively with the instructor/therapist, the fee will be \$695.