

Regarding Douglas' Massage Therapy Sessions, His Clients Say It Best:

"In the two years I have been seeing Douglas, amazing physical health improvements have occurred. My chronic shoulder pain and plantar fasciitis pain have stopped, and my knees no longer hurt when I climb stairs. I have not had to take headache medicine and I sleep better at night. I also have more energy." - PR

"My job can be both physically and emotionally stressful. The myofascial treatments I receive help me to release the stress stored in my body. I always leave happier and lighter. The treatments also help me release old trauma I'm often not even aware of." - CM

"More than a massage therapist, Douglas is truly committed to healing – mind, body and spirit. His sessions last until he is satisfied that he has given you the full treatment you need." - V.J.H.